

## Basic Training

**LOCATION:**

**DATE:**

**TIME:**

**COST:**

**CONTACT:**

### **The process simplified:**

1. A person's present emotional state is often rooted in what he or she believes. "We feel what we believe."
2. Our core belief system was established during life experiences which is now contained in memory.
3. People are not in emotional pain because of what has happened to them (the past) but rather because of the belief that was established during the life experience. The past cannot be changed but what one believes can.
4. When life happens in the present, the mind relies on this core belief to interpret the present moment and thus brings the belief forward with its corresponding emotion.
5. If the core belief is lie-based the emotions a person will feel will correspond to this belief. Lie-based emotions include such things as; stress, worry, fear, anxiety, hopelessness, despair, etc.
6. People tend to seek ways to resolve this pain through inappropriate behavior (sin). To continually address the behavior and never attend to the lies may result in a continual cycle of defeat.
7. Theophostic Prayer seeks to identify the lie-based core beliefs the person holds and invite the Holy Spirit to replace them with His truth. When a person knows the truth in these core places he will experience peace, since peace follows truth just as pain follows a lie.
8. The mind renewal process is a life long journey.

**Theophostic Prayer Ministry**

PO Box 489, Campbellsville, Ky 42719



*Theophostic Prayer Ministry: Bringing the Light of Christ into a Darkened World.*



# Theophostic Prayer Ministry

## Basic Training

## Theophostic Prayer Ministry (TPM)

**Defined:** "Intentional and focused prayer with the desired outcome of an authentic encounter with the presence of Christ, resulting in mind renewal and subsequent transformed life."

### What Theo (God) Phostic (Light) Is

It is a ministry of prayer that is Christ-centered and God reliant for its direction and outcome.

It is encouraging a person to discover and expose what he or she believes that is at the root of the emotional pain in his or her life; and then encouraging him or her to have an encounter with the Holy Spirit through prayer, thus allowing the Lord to reveal His truth to the wounded person's heart and mind. It is about an expected outcome of complete resolution of the lie-based pain in each specific memory as it is replaced with the peace of Christ. It is about lasting fruit that is exemplified through a transformed life bringing glory to Christ.

### ...Theophostic Prayer Ministry is NOT

It is not advice giving, diagnosing problems, or sharing opinions or insight. Anytime a prayer facilitator does anything to move the ministry session in any direction that he or she thinks it should go it ceases to be Theophostic Prayer.

It is not guided imagery or visualization, relaxation therapy, recovered memory therapy or any other similar process. It is entirely dependent upon what the person solely surfaces, following his or her lead and reliance upon the Holy Spirit.

It is not hypnosis or regression therapy, not implanting false thinking, not deliverance ministry, not directed by the facilitator, not un-biblical and certainly not New Age.

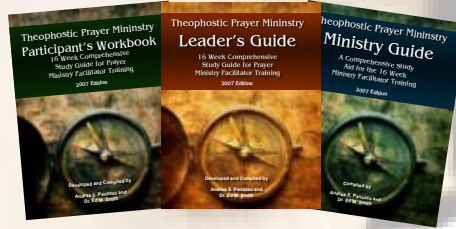
It is not diagnosing symptoms or counseling nor is it a replacement for good Christian mental health, biblical counseling, teaching and Bible study. TPM does not attempt to replace any of the Christian disciplines necessary for growth and maturity.

Please do not attempt this form of prayer ministry without first completing the prescribed training. To do otherwise could result in unfortunate outcomes.

## Requirements for Completing the TPM Basic Training

- Watch the 14 DVD Seminar Sessions
- Read the TPM Basic Training Manual
- Watch the 7 DVDs Live Ministry Sessions and read the Student Workbook
- Read the "Forgiveness" chapter in Healing Life's Hurts book.
- Practice applying the ministry in a safe environment until you are consistently effective (most people require 6-10 months)

Note: This training is best accomplished in a group setting when at all possible and this ministry should always be provided while under the umbrella of a local church or other ministry organization.



### New Training Tool!

For a comprehensive understanding of the 2007 Basic Seminar Manual you and your training team are encouraged to take advantage of the 16 Week Study guides. These guides provide the leader training future prayer ministry facilitators with a comprehensive program for learning the basic concepts and principles taught in the Basic Training Manual. The Ministry Guide (one of the three texts included) will prove to be an invaluable resource for a quick reference of all the key elements contained in the Theophostic process. This 16 week program is available at [www.theophostic.com](http://www.theophostic.com).

### Visit [www.theophostic.com](http://www.theophostic.com) for primary source information.

- Watch a live ministry session
- Download a free copy of the introductory book Healing Life's Hurts
- Get started in your training
- Read what other pastors, mental health professionals and lay ministers are saying
- Discover what God is doing in 140 other countries worldwide with this ministry
- Read about other research and findings
- And much more...

## Personal Testimony

"TPM has revolutionized my Christian Counseling practice over the last six years. When I simply get out of the way, and let God take over the session, and follow TPM exactly as I am trained, my clients experience breakthroughs that are nothing short of miraculous. The results, as far as I can see in follow-ups, are permanent: Anger, depression, and anxiety are replaced by love, joy, and peace, which is exactly what we should expect when our wounds are brought into the presence of God (Gal 5:22). Dr. Scott Lownsdale, Ed.D. LCPC, Rockford, IL.

## A Critical Review of TPM

### Christian Research Institute's Evaluation of TPM

"After an exhaustive evaluation, CRI detects nothing unbiblical about the core theory and practice of Theophostic Prayer Ministry (TPM). The theory is elegant in its profound simplicity, and the anecdotal reports of its effectiveness in practice justify further investigation ... CRI finds nothing inconsistent with Scripture in TPM's core theory and practice. It certainly fits the biblical worldview to hold that believing lies oppresses or injures people and replacing those lies with truth frees or heals them. The theory that the emotional pain that haunts so many people's lives (including Christians) is rooted in false beliefs associated with past experiences rather than the experiences themselves seems elegant in its profound simplicity, and the proposal that Satan is often the source of those lies while Jesus supplies the truth that dispels them is again consistent with Scripture (e.g., John 8:44; 14:6; 18:37). This emphasis on conforming one's beliefs to truth is entirely biblical (Ps. 43:3; 51:6; Prov. 23:23; 1 Cor. 13:6; Eph. 4:14-15, 25; 5: 8; 6:14-11), and the complete dependence on Christ in ministry to the hurting that TPM advocates, to the point of giving Him the central place in that ministry, is commendable at least in concept and warrants consideration..."

Read full article at [www.equip.org](http://www.equip.org)

NOTE: This brochure is a VERY limited overview of a very comprehensive ministry approach. Please go to [www.theophostic.com](http://www.theophostic.com) for a more detailed perspective.